

# SAPA-CT CAREER DEVELOPMENT WORKSHOP

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The third Career Development Workshop was successfully organized by The Sino-American Pharmaceutical Association-Connecticut (SAPA-CT) in collaboration with the Association of Chinese Students and Scholars (ACSSY) at Yale University on April 20, 2019.

The aim of the workshop is to help students and young professionals to spring forward to the right career path and arm them with the new tools to reach their career goals. SAPA-CT invited six speakers with a variety of backgrounds, from attorney at law to biotech company, and leadership training firm which attracted students and scholars from Yale University, University of Connecticut, and Columbia University, and professions from biotech and pharmaceuticals etc.



**Tycho Heimbach**  
Director,  
PK Sciences,  
Novartis



**Yaran Pan**  
Attorney,  
Law Office of  
Yaran Pan



**John Sun**  
Global  
Program  
Lead,  
Novartis



**Juliet Hart**  
Principal and  
Founder, Hart &  
Chin Associate, LLC



**Howard Stamato**  
Associate Director,  
Global Regulatory  
Sciences-CMC,  
BMS



**Lauren Supraner**  
President,  
CAL Learning Inc.

Dr. Yan Yan, SAPA-CT acting president announced the event and gave an introduction of SAPA-CT. Dr. Tycho Heimbach, AAPS Ambassador Chair of 2019 introduced American Association of Pharmaceutical Scientists. Dr. Zhen Huang, a director from Sponsor, Protheragen presented overview of company investment plan. Attorney Yaran Pan presented US immigration rules and challenges. She has kindly offered many practical tips on how to apply for a working visa as a foreign student.



Dr. Yan Yan



Dr. Tycho Heimbach



Attorney Yaran Pan

Yaran Pan, attorney at law, has kindly offered many practical tips on how to apply for a working visa as a foreign student. Many attendees are experiencing the transition between students and employees, and this talk gave an opportunity to learn from a professional lawyer.



Dr. John Sun was addressing a speech in “Re-thinking the Meaning of Career”



Dr. John Sun, Global Program Lead of Novarits, kindly shared the experience of his career path and provided constructive suggestions on career planning and development by encouraging the attendees to rethink the meaning of career.

Juliet Hart, as a Principal and Founder of Hart & Chin Association, led a discussion about what is the career goal and what is the purpose of coming to the career workshop. She inspired innovation of the attendees to think and find our own potentials instead of following others blindly, to further develop the leadership capabilities of individuals.

Dr. Tycho Heimbach from Novartis kindly offered the practical tips on writing a resume and preparing for interviews, suggesting job seekers to think from the position of hiring managers. For the audience,

especially students with no prior industry experience, he suggested to read NDA reviews from FDA website to gain knowledge on drug development.



Howard Stamato was starting a speech about “We Learn From Our Mistakes”

Howard Stamato, an associate direction of Global Regulatory Sciences-CMC at Bristol-Myers Squibb, talked about how to get up to speed faster and smarter by vividly describing the potential situations we may confront in the career development and providing the attendees with the corresponding strategies. He emphasized the importance of learning from our mistakes in our work.



Lauren Supraner was providing a unique perspective about “Selling Yourself at Work”

Lauren Supraner, president of CAL learning, provided a unique perspective to the plenary section. She persuaded students and scholars, who speak English as a second language, to step out of our comfort zone and embrace multicultural environments. By communicating with colleagues effectively, students will gain more opportunities in their professions.

Dr. John Sun led career round table discussion: Bring together from A to Z in career planning, job hunting, and career development, including practical tips on resume writing, interview preparation and how to present yourself, to negotiate better offers. In the plenary section, six speakers have shared their stories on their career path and offered tips on immigration, leadership and developing a successful career.



Dr. John Sun led the discussion on how to conduct interview section

Dr. Tycho Heimbach from Novartis kindly offered the practical tips on writing a resume and preparing for interviews, suggesting job seekers to think from the position of hiring managers. For the audience, especially students with no prior industry experience, he suggested to read NDA reviews from FDA website to gain knowledge on drug development.



Dr. Tycho Heimbach was sharing his experience in career development



Dr. David Cragin from Merck shares his stories in his career development



Mock interview Dr. Tycho Heimbach interviewed Juliet Hart



Dr. Xiaobin Xu from Regenon finished his booth shown together with Dr. Yan Yan



Networking during break



Dr. Xiuling Lu asked questions

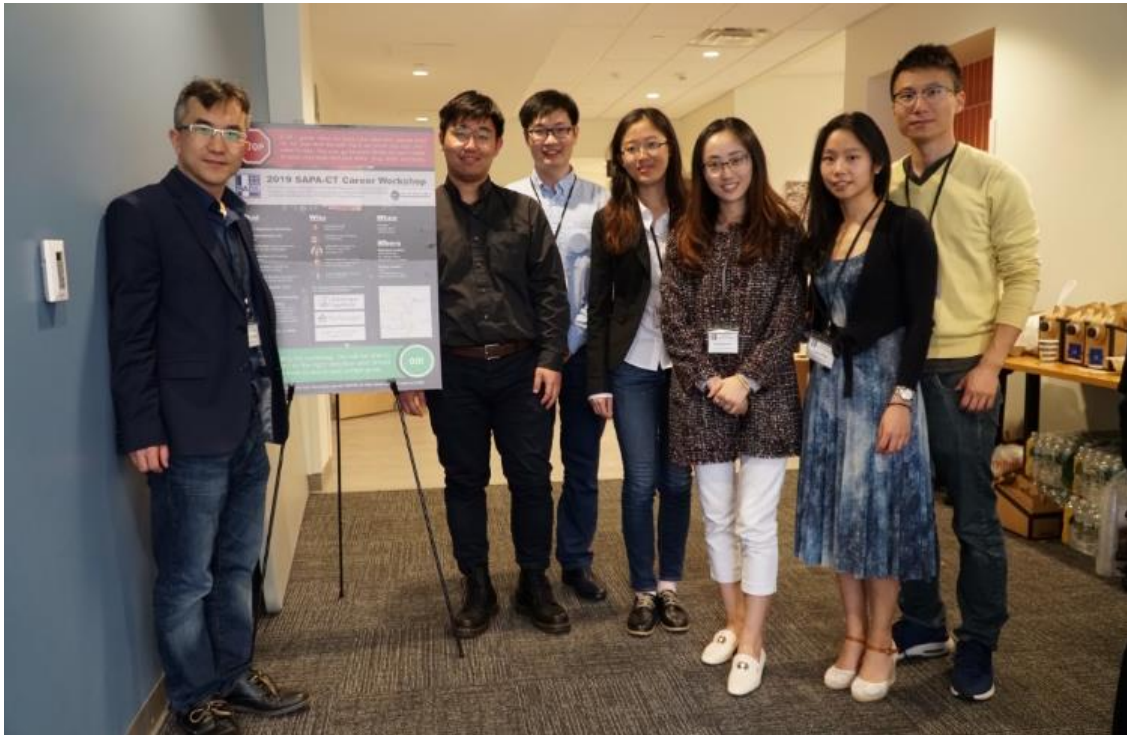


Drs. John Sun, David Cragin, YanYan

After the plenary section, students and guest speakers attended Career Roundtable section. During the section, speakers shared their experience on how to develop soft skills and avoid narrow minded when searching for jobs and starting their careers. Later, the speakers organized a mock interview and set examples of bad and successful interviews, which offered great opportunities for attendees to gain experience and knowledge on future job search. Dr. Xiaoyong Yang summarized the event and gave closing remark.



Dr. Xiaoyong Yang gave closing remark



Dr. Xiaoyong Yang and volunteers, Tianzhou Yu, Liming Chen, Sisi Yang, Qingqing Zhou, Clara Huang, Jonathan Sun



Group photo of speakers and organizers

SAPA-CT would like to thank Dr. John Sun, volunteers, invited speakers, and sponsors for supporting this event

### **Organizing committee**

Yan Yan, Xiaoyong Yang, Yongmei Li, Bo Qu, Tianzhou Yu, Liming Chen, Kai Ying, Xiuling Lu, Lian Wang, Xueyan Shao

2019年4月20日下午，第三届康涅狄格美中医药协会 (SAPA-CT)与耶鲁大学 (Yale University)联合主办的职业发展论坛在 Yale 公共卫生学院举行，吸引了来自 UConn、耶鲁、哥伦比亚大学学生及青年从业者的关注与积极参与。本次论坛旨在为生命科学领域的学生和年轻从业者提供就业方面的指导。活动组织委员会邀请了6名背景各异、经验丰富的业内人士为听众们分享他们的心得和建议。

Yaran Pan 老师就国际学生如何申请工作签证这一问题，提供了非常专业且实用的建议；诺华公司的 John Sun 老师鼓励我们去思考自己工作的意义，以此来更好地规划自己的职业发展；来自 Hart & Chin Association 的 Juliet Hart 老师激励我们去反思自己的潜力并以此来设定职业目标；来自 CAL learning 的 Lauren Supraner 老师则从文化包容融合角度，教导我们如何在不同文化环境下更有效率地与人沟通；诺华公司的 Tycho Heimbach 老师从招募公司的角度为我们分享了在应聘工作时需要注意的一些要点；BMS 公司的 Howard Stamato 老师生动地描述了职业发展道路上可能会遇到的情况，并为我们提供了相应的解决办法。



John Sun 老师就“如何重新思考职业意义”进行讲演





Howard Stamato 老师谈论“我们如何从错误中学习”



Lauren Supraner 老师从文化融入的角度谈论“如何在工作中推销自己”

现场提问环节同学们积极踊跃发问，意犹未尽。此次职业发展论坛特别安排了圆桌讨论与模拟面试环节。在圆桌讨论中，嘉宾们分享了自己如何做出职业选择，在初入职场的时候如何锻炼人际交往能力和领导才能。当被问起如何准备职场面试的时候，Juliet Hart 老师决定现场示范什么是失败和成功的面试，生动的现场展示让在场的听众领会到了面试时需注意的要点和细节。Lauren Supraner 老师和 Howard Stamato 老师又从电话语音面试的角度进行指导，强调了非英语母语的面试者需要主意合适的停顿和重音。在互动环节中，同学们收获良多。



现场问答环节



嘉宾与现场工作人员合影留念